

PROMOTING NURSING EDUCATION IN KANSAS



Partnering to Optimize Health



Visual:

- 1. I remember best by writing notes or keeping printed/visual information
- 2. For my study notes, I like making graphs, visual displays and using lots of color.
- 3. If I am traveling to a new destination, I prefer to look at a map.
- 4. I am better able to learn new information by reading or focusing on the words/picture in front of me.
- 5. When I am trying to remember something, whether it is a conversation or event, I replay it by picturing it in my head.



Auditory:

- 1. I learn best by listening to lectures/tapes or with repeating key points in my head.
- 2. When learning something new, I prefer to listen or ask for an explanation.
- 3. I prefer listening to the radio rather than watching television.
- 4. I can remember the voice of an old friend who I haven't spoken to for years.
- 5. When traveling to a new destination, I prefer to ask for directions.



Tactile:

- 1. When learning a new piece of equipment or technology, I prefer to learn by actual practice or trial and error.
- 2. I enjoy the making things with my hands or being physical active.
- 3. I find that when I am concentrating, I tend to fiddle with pens/pencils or move around a lot.
- 4. When meeting someone new, I am very comfortable with giving them a handshake or hugging them.
- 5. When learning a new skill in class environment, I prefer learning by doing by the 'hands on' practicing of the skill.

